

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2014 - 12/31/2014

Coverage for: All Coverage Types | Plan Type: HMO

New Jersey State Health Benefits Program



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.state.nj.us/treasury/pensions/health-benefits.shtml or by calling 1-609-292-7524.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$0	First day, first dollar coverage. You do not have to meet a deductible amount before this plan begins to pay for covered services. See the chart starting on page 2 for how much you pay for covered services.
Are there other deductibles for specific services?	No.	You do not have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. For in-network providers there is a \$2,500 out-of-pocket maximum.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Prescription copayments, premiums, balance billed charges for a Medicare provider who does not accept Medicare assignment, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of in-network providers, see www.aetnastatenj.com or call 1-866-234-3129 (TTY/TDD 711).	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a specialist?	No. A written referral is not required to see a specialist.	You can see an in-network specialist without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Plan must cover Medicare approved services, but some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .



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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- Coinsurance is your share of the costs of a covered service, calculated as a percent of the allowed amount for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your deductible.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the allowed amount, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use **in-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$15 copay/visit	Not Covered	none
	Specialist visit	\$25 copay/visit	Not Covered	none
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	\$25 copay/visit	Not Covered	Chiropractic care is limited to manipulation of the spine to the extent covered by Medicare.
	Preventive care/screening/immunization	No Charge	Not Covered	One routine physical per calendar year.
If you have a test ble	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	none
	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Requires pre-approval



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If you need drugs to treat your illness or	Generic drugs	\$7 copay/30 day supply at a retail pharmacy; \$5 copay/90 day supply by mail order	In-network copays apply. You are responsible for any charges above the allowed amount.	Utilization Management programs may apply.
condition More information about prescription	Preferred brand drugs	\$17 copay/30 day supply at a retail pharmacy; \$43 copay/ 90 day supply by mail order	In-network copays apply. You are responsible for any charges above the allowed amount.	Utilization Management programs may apply.
drug coverage is available at www.state.nj.us/treasury/pensions/health	Non-preferred brand drugs	\$37 copay/30 day supply at a retail pharmacy; \$94 copay/ 90 day supply by mail order	In-network copays apply. You are responsible for any charges above the allowed amount.	Utilization Management programs may apply.
benefits.shtml.	Specialty drugs	Brand or generic copayments apply	Not Covered	Utilization Management programs may apply. Specialty drugs are only available by mail order.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	none
outputtent surgery	Physician/surgeon fees	No Charge	Not Covered	none
	Emergency room services	\$65 copay/visit	\$65 copay/visit	Payment applies only to true Medical Emergencies & Accidental Injuries.
If you need immediate medical attention	Emergency medical transportation	No Charge	No Charge	Limited to local emergency transport to the nearest facility equipped to treat the emergency condition.
	Urgent care	\$25 copay/visit	\$25 copay/visit	none
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	Not Covered	Requires pre-approval.
nospitai stay	Physician/surgeon fee	No Charge	Not Covered	Requires pre-approval.



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	Mental/Behavioral health outpatient services	\$25 copay/visit	Not Covered	Requires pre-approval.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	No Charge	Not Covered	Requires pre-approval.
health, or substance abuse needs	Substance use disorder outpatient services	No Charge	Not Covered	Requires pre-approval.
	Substance use disorder inpatient services	No Charge	Not Covered	Requires pre-approval.
If you are pregnant	Prenatal and postnatal care	\$25 copay/visit	Not Covered	Copayment applied to initial visit only. Out-of-network is covered only if an innetwork provider is not available.
	Delivery and all inpatient services	No Charge	Not Covered	Requires pre-approval.
	Home health care	No Charge	Not Covered	Requires pre-approval. Must meet medical necessity requirements.
If you need help	Rehabilitation services	\$25 copay/visit	Not Covered	Requires pre-approval.
recovering or have other special health needs	Skilled nursing care	No Charge	Not Covered	Requires pre-approval. Limited to 120 days per calendar year.
	Durable medical equipment	No Charge	Not Covered	Requires pre-approval for all rentals and some purchases.
	Hospice service	Not Covered	Not Covered	Services are paid for by Medicare.
If worm shild most de	Eye exam	No Charge	Not Covered	Limited to one exam every 12 months.
If your child needs dental or eye care	Glasses	Not Covered	Not Covered	none
delital of cyc care	Dental check-up	Not Covered	Not Covered	——— none ———



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Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Cosmetic surgery

Dental care (Adult)

• Routine Foot Care

Custodial Care

Long-term care

• Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care (for manual manipulation of the spine)
- Preventive Services

• Routine eye care (Adult)

• Diabetic Supplies

Prosthetic Devices

Routine hearing exams



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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at Aetna Medicare Member Services 1-866-234-3129 (TTY/TTD: 711). You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Aetna at 1-866-234-3129 (TTY/TTD: 711). You may also find additional information at www.aetnamedicare.com.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-609-292-7524.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,350
- Patient pays \$190

Sample care costs:

Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:		
Deductibles	\$0	
Copays	\$40	
Coinsurance	\$0	
Limits or exclusions	\$150	
Total	\$190	

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,650
- Patient pays \$750

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$670
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$750

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.